bulletin board in the campground.

Carry plenty of water and drink it.

system.

Hikers should never hike alone—use the buddy



## **Exploring San Miguel Island**



Welcome to San Miguel Island, one of five islands in Channel Islands National Park. This is your island. It is also your responsibility. Please take a moment to read this bulletin and learn what you can do to take care of San Miguel. This information and the map on the back will show you what you can see and do here on San Miguel.

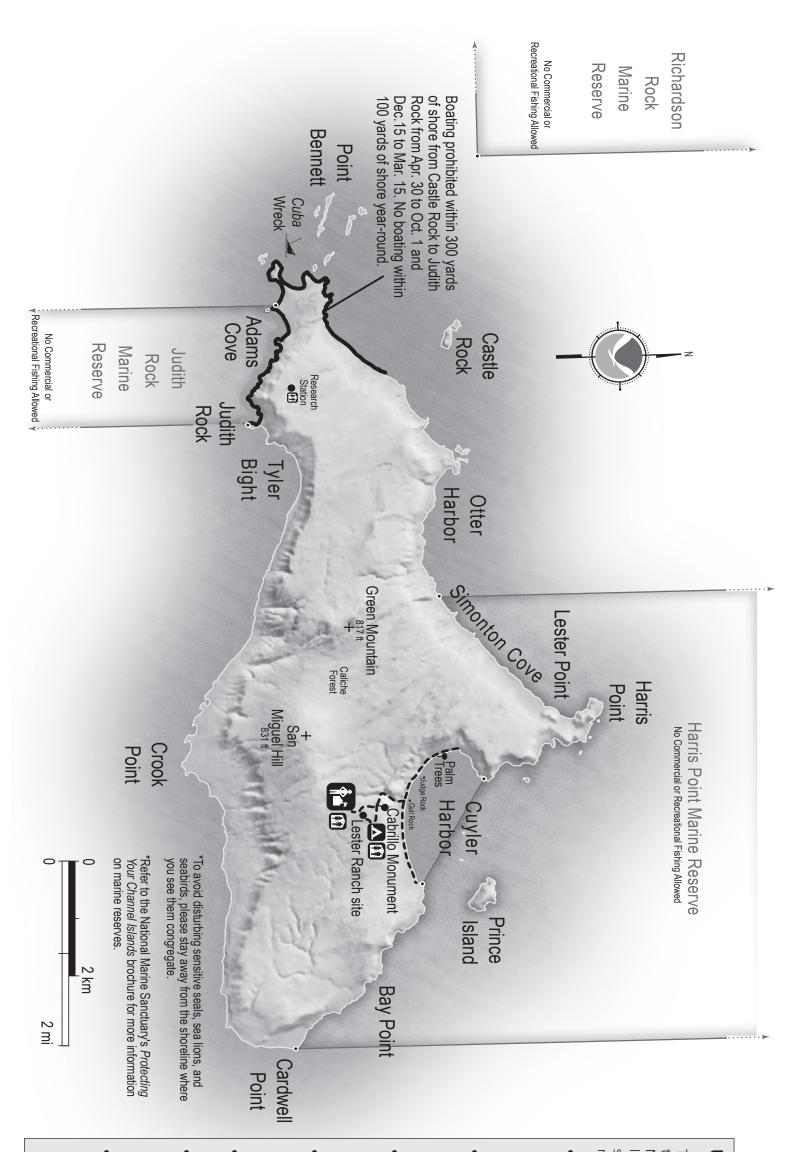
About the Island	San Miguel is the home of pristine tidepools, rare plants, and the strange caliche forest. Four species of seals and sea lions come here to breed and give birth. For 10,000 years the island was home to	Cabrillo set foot here in 1542 as the first European to explore the California coast. For 100 years the island was a sheep ranch and after that it was used by the military. In 1980 it became part of Channel
Open Areas	Many parts of San Miguel are closed to protect wildlife, fragile plants, and geological features. Several areas, however, are open for you to explore	Islands National Park.  beach, Cabrillo monument, and the Lester ranch site.
	on your own. Others are open to you when accompanied by a park ranger.  On your own you may explore the Cuyler Harbor	The Nidever Canyon trail will take you to the ranch site, monument and ranger station. The trail begins at the top of the dune above Gull Rock. It climbs along the east wall of the canyon.
Contacting a Ranger	To see other parts of the island, such as Point Bennett or the caliche forest, you must go with a ranger.	The San Miguel ranger can be contacted on Marine Radio Channel 16. You can also arrange a hike with the ranger through park headquarters at (805) 658-5730.
Island Rules	Everything is protected. Do not collect anything.	Hikers must stay on trails.
	No pets are allowed on shore.	Hikers must be escorted except where indicated on this map.
	No smoking or fires.  Take your trash off the island with you.	California State fishing regulations apply. No fishing in marine reserves.
Safety	Use caution when crossing the rockfall along the beach.	be taken: avoid contact with rodents; do not feed wild animals; keep food and drink in rodent-proof containers. For more information, please see the

Watch your step.

The Nidever Canyon trail is steep and slippery.

populations on San Miguel. This is a potentially fatal disease and some basic precautions should

Hantavirus has been found in deer mouse



## **Using This Map**

This map is your guide to the open areas on San Miguel Island. The dotted lines mark the trails and sections of beach that you may travel on your own.

of the beach to where the sand runs into the rock.

If seals are present on the beach, do not approach or disturb

On the beach, you may walk to either end

- The distance from the palm trees to the campground is about one mile.
- Pit toilets are available at both the ranger station and the campground.
- There is no drinking water on the island.
- Landing is only permitted on the beach at Cuyler Harbor.
- Only the unshaded portion of Cuyler Harbor (outside of the marine reserve) is open to fishing.